

A black and white photograph of a group of six men sitting on a large, dark leather sofa in a modern living room. The room has a brick wall and a wooden floor. The men are engaged in conversation, with some looking at each other and others looking towards the camera. A coffee table is in front of them. The word "DEFINED" is overlaid in large, light blue capital letters, with a thin white horizontal line above and below it.

# DEFINED

A Real Man Courageously  
Follows God's Word



BETTERMAN





# SESSION 4

*Becoming Courageous in the Fight*



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1

# When We Leave the Quiet, We Enter the Arena

**1**

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- B. People today often scoff at the idea of a personal devil.



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- B. People today often scoff at the idea of a personal devil.
  - Just know this: the devil doesn't need you to believe in him. In fact, if you dismiss him, all the better for him in tempting, confusing, and misleading your life.
- C. When we step out into the arena of everyday life, we must be alert and ready to do battle with this sinister opponent.



# **2 Satan's Strategy of Engagement**



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**C.** "There won't be any consequences."

- Temptation only mentions the benefits of an action while ignoring the consequences. It promises pleasure, but it pays with pain. It leads to a "less than" life. And often, we hurt someone we love.



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## Satan's Strategy of Engagement *Continued...*

D. "You can be free."

- Temptation will promise freedom but it's actually a **trap**. We end up **enslaved**.



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E. "God would want you to have this."

F. "God is holding out on you."

- We often say "yes" to temptation because we fear we are going to miss out. But the real miss of life is when we fail to **trust** God for our needs.



# **3 The Pull of Temptation to Sin**



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- A. Temptation typically starts with a thought.
- B. The next phase happens in your imagination.
- C. Next comes justification.
- D. Finally, we make the choice to sin.





# How to Fight with Sin and Win

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**B.** The second step is to create a winning strategy for dealing with our sin(s).

- Sometimes our best response for overcoming a temptation is to flee from it.



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# How to Fight with Sin and Win *Continued...*

- Sometimes our best move is to run from temptation ... literally!

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# How to Fight with Sin and Win *Continued...*

- Sometimes our best move is to run from temptation ... literally!
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**C.** The third step is to enlist the help and encouragement of other men.

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- Sometimes our best move is to run from temptation ... literally!
- Sometimes we can't flee, so we have to face the temptation head on and fight it.

**C.** The third step is to enlist the help and encouragement of other men.

- Every man needs a “Band of Brothers” in his life to provide support and accountability.





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