

A black and white photograph of a group of men sitting on a leather sofa in a modern living room with brick walls and wooden floors. The men are engaged in conversation, with some looking towards the center and others looking at each other. A coffee table is in front of them. The word "DEFINED" is overlaid in large, light blue, sans-serif capital letters, flanked by two horizontal white lines.

DEFINED

A BetterMan Courageously
Follows God's Word

PART 1



BETTERMAN

A black and white photograph of a person rock climbing a steep, craggy cliff face. The climber is positioned on the left side of the frame, silhouetted against the sky. Ropes are visible extending from the climber. In the background, there are rolling hills and a large evergreen tree on the right side of the frame. The sky is overcast.

SESSION 1

Manhood and Courage



BETTERMAN

1 Our Journey Together:

1

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- B.** Why do we need this definition?
- Many men today find themselves either guessing at their manhood or grabbing the latest version the world offers. Both options lead to problems and pain.
 - Without a God-defined vision of masculinity, men are **struggling** with their manhood today like never before.



God Defined Manhood

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- B.** A better man loves and protects God's woman.
- C.** A better man excels at God's work.
- D.** A better man blesses God's **world** with his children.

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 - The Birkenhead Drill: women and children first.



Dangerous Worlds

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A. Adam's Garden of Eden

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- The garden was inhabited by a dangerous enemy. Because of that constant threat, man's only hope of surviving and thriving was in following the clear instruction of God's Word.
- In this moment, Adam was called to courageously step forward and follow the instruction God had previously given him. Instead, he is overcome by the serpent's false promises, by his willingness to join Eve, and by his own spiritual "**do nothing**" passivity.

4

Dangerous Worlds *Continued...*

- The story of the Garden becomes a tragic story of failed **courage**.
With it, Adam's story becomes one of failed **manhood**.

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B. Our World as Men

- Like Adam's garden, our world is good and beautiful, and filled with an abundance of opportunities and enjoyments. But it too is a **war zone**.

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- We have the same enemy Adam faced.
- And when we sin, we suffer the same deaths as Adam.
- Because our garden is dangerous and our enemy wants to kill us, God gives us his Word which provides **direction** and leads to life.



The Call to Courageously Follow God's Word

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 - Courage is faith in action.
- B. Spiritual courage is not natural, but supernatural. It grows as our relationship with God grows.
 - Courage to follow springs to life when we daily seek and surrender our lives to God and His Holy Spirit.

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Continued...

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- C. So practically, how do we fight courageously?
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 - We must carry our **confidence** in God to the fight.

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- C. So practically, how do we fight courageously?
- We must first look to God and believe He is there to help us.
 - We must carry our confidence in God to the fight.
 - We must **boldly** step into the fight.



B

BETTERMAN