



# DEFINED

A BetterMan Loves and  
Protects God's Woman

PART 2



BETTERMAN





# SESSION 5

*Loving God's Woman by  
Practicing Hope and Healing*



BETTERMAN



**1**

**God is “the Great Physician”.**

**1**

# God is “the Great Physician”.

**A.** God shows us His love for us in healing us.

- He heals our bodies.



# 1

## God is “the Great Physician”.

A. God shows us His love for us in healing us.

- He heals our bodies.
- He heals our souls through the gospel. Jesus came to heal our broken lives.



## 1

# God is “the Great Physician”.

**A.** God shows us His love for us in healing us.

- He heals our bodies.
- He heals our souls through the gospel. Jesus came to heal our broken lives.
- He heals our **hurts** and **sorrows**.



**2**

**A real man has a unique opportunity to be the Great Physician's agent of healing love.**



**2**

**A real man has a unique opportunity to be the Great Physician's agent of healing love.**

**A. Remember: love acts in another's best interests.**



**2**

**A real man has a unique opportunity to be the Great Physician's agent of healing love.**

**A.** Remember: love acts in another's best interests.

- Women carry different wounds than men, in part, because they have a different **design** and therefore different **vulnerabilities**.



**2**

## A real man has a unique opportunity to be the Great Physician's agent of healing love.

**A.** Remember: love acts in another's best interests.

- Women carry different wounds than men, in part, because they have a different design and therefore different vulnerabilities.

**B.** A real man's job is to be **proactive** in attending to the wounds and challenges of God's woman.



# 2

## A real man has a unique opportunity to be the Great Physician's agent of healing love.

**A.** Remember: love acts in another's best interests.

- Women carry different wounds than men, in part, because they have a different design and therefore different vulnerabilities.

**B.** A real man's job is to be proactive in attending to the wounds and challenges of God's woman.

- Two important observations from 1 Peter 3:7:
  1. She needs to be known.



**2**

**A real man has a unique opportunity to be the Great Physician's agent of healing love.** *Continued...*

- It is essential for a husband to learn his wife and to live with her in a way that demonstrates knowledge of her. She is unique, and he needs to take the time to know that.



## 2

## A real man has a unique opportunity to be the Great Physician's agent of healing love. *Continued...*

- It is essential for a husband to learn his wife and to live with her in a way that demonstrates knowledge of her. She is unique, and he needs to take the time to know that.
- 2. She has different vulnerabilities. Your wife is a sister in Christ, therefore equal to you—and she is more vulnerable because of her identification as a weaker vessel.
  - This **vulnerability** is not limited to physical pain but can include lots of different forms of **hurt** in a fallen world like ours.

# **3** How do you heal her pain and sorrow?



3

## How do you heal her pain and sorrow?

A. You see and pay attention to her sorrow and pain.

# 3

## How do you heal her pain and sorrow?

- A. You see and pay attention to her sorrow and pain.
- Hagar gives God the name El Roi – “the God who sees”.



# 3

## How do you heal her pain and sorrow?

A. You see and pay attention to her sorrow and pain.

- Hagar gives God the name El Roi – “the God who sees”.
- God's woman needs to know that she is **seen** in her **sorrow**.

# 3

## How do you heal her pain and sorrow?

**A.** You see and pay attention to her sorrow and pain.

- Hagar gives God the name El Roi – “the God who sees”.
- God's woman needs to know that she is seen in her sorrow.

**B.** He identifies with her sorrow and pain by learning and practicing empathy.



# 3

## How do you heal her pain and sorrow?

**A.** You see and pay attention to her sorrow and pain.

- Hagar gives God the name El Roi – “the God who sees”.
- God's woman needs to know that she is seen in her sorrow.

**B.** He identifies with her sorrow and pain by learning and practicing empathy.

- When we empathize we slow our lives long enough to understand and identify with a hurting person. We are willing to ask ourselves questions like:
  - How would it feel to be in their situation?

# 3

## How do you heal her pain and sorrow? *Continued...*

- Why do they feel the way that they do?



## 3

# How do you heal her pain and sorrow? *Continued...*

- Why do they feel the way that they do?
- What do I not **understand** about their situation that I should?

## 3

## How do you heal her pain and sorrow? *Continued...*

- Why do they feel the way that they do?
- What do I not understand about their situation that I should?
- We might not fully **understand** their pain, but we should come **alongside** and **identify** with them as best we can.



## 3

## How do you heal her pain and sorrow? *Continued...*

- Why do they feel the way that they do?
- What do I not understand about their situation that I should?
- We might not fully understand their pain, but we should come alongside and identify with them as best we can.
- As men we need to be aware of five dangers men face as they attempt to empathize with God's woman:
  - The danger of **dismissiveness**. Remember to acknowledge and appreciate her pain.

## 3

## How do you heal her pain and sorrow? *Continued...*

- The danger of distance. Remember that aloofness only makes her pain worse.

## 3

## How do you heal her pain and sorrow? *Continued...*

- The danger of distance. Remember that aloofness only makes her pain worse.
- The danger of **stereotyping**. Remember that she is a particular woman and not “just a woman”.



## 3

## How do you heal her pain and sorrow? *Continued...*

- The danger of distance. Remember that aloofness only makes her pain worse.
- The danger of stereotyping. Remember that she is a particular woman and not “just a woman”.
- The danger of **discontentment**. Her pain is not about you, but you are God's man for her in these circumstances.

## 3

## How do you heal her pain and sorrow? *Continued...*

- The danger of distance. Remember that aloofness only makes her pain worse.
- The danger of stereotyping. Remember that she is a particular woman and not “just a woman”.
- The danger of discontentment. Her pain is not about you, but you are God's man for her in these circumstances.
- The danger of **exploiting**. Exploitation occurs when you shame her for her weakness or expose her to hurt from others.

## 3

## How do you heal her pain and sorrow? *Continued...*

- If your strength does not help those who are experiencing weakness around you feel secure, protected, and equipped for their challenges then you are likely wasting what God has given you.



# 3

## How do you heal her pain and sorrow? *Continued...*

- If your strength does not help those who are experiencing weakness around you feel secure, protected, and equipped for their challenges then you are likely wasting what God has given you.

**C.** He shares in her sorrow and pain to alleviate her aloneness.

# 3

## How do you heal her pain and sorrow? *Continued...*

- If your strength does not help those who are experiencing weakness around you feel secure, protected, and equipped for their challenges then you are likely wasting what God has given you.

**C.** He shares in her sorrow and pain to alleviate her aloneness.

- She may need you to slow down, **listen**, and be with her more than you want.

## 3

## How do you heal her pain and sorrow? *Continued...*

- If your strength does not help those who are experiencing weakness around you feel secure, protected, and equipped for their challenges then you are likely wasting what God has given you.

**C.** He shares in her sorrow and pain to alleviate her aloneness.

- She may need you to slow down, listen, and be with her more than you want.
- She may need **practical** help



**3**

## How do you heal her pain and sorrow? *Continued...*

**D.** He brings her sorrow and pain to God by praying with her and for her.

## 3

## How do you heal her pain and sorrow? *Continued...*

**D.** He brings her sorrow and pain to God by praying with her and for her.

- Prayer has always been and will always be a real man's most powerful tool.

# 3

## How do you heal her pain and sorrow? *Continued...*

**D.** He brings her sorrow and pain to God by praying with her and for her.

- Prayer has always been and will always be a real man's most powerful tool.
- She needs to **see** you and **hear** you pray for her.



# 3

## How do you heal her pain and sorrow? *Continued...*

**D.** He brings her sorrow and pain to God by praying with her and for her.

- Prayer has always been and will always be a real man's most powerful tool.
- She needs to see you and hear you pray for her.

**E.** He shows her how to have hope in God by:...

# 3

## How do you heal her pain and sorrow? *Continued...*

**D.** He brings her sorrow and pain to God by praying with her and for her.

- Prayer has always been and will always be a real man's most powerful tool.
- She needs to see you and hear you pray for her.

**E.** He shows her how to have hope in God by:...

**F.** He stays **present**, **steadfast**, and **strong** for her all the way through her sorrow and pain

## 3

## How do you heal her pain and sorrow? *Continued...*

- The height of a man's sacrifice for his wife is seen in how he lays down his life on a daily basis for the **broken parts** of her life.



## 3

## How do you heal her pain and sorrow? *Continued...*

- The height of a man's sacrifice for his wife is seen in how he lays down his life on a daily basis for the broken parts of her life.
- Never forget the **standard** of husbandly love is to love "as Christ loved the church and gave himself up for her." (Ephesians 5:25b)

## 3

## How do you heal her pain and sorrow? *Continued...*

- The height of a man's sacrifice for his wife is seen in how he lays down his life on a daily basis for the broken parts of her life.
- Never forget the standard of husbandly love is to love "as Christ loved the church and gave himself up for her." (Ephesians 5:25b)

Is there a doctor in the house? Yes, It is you!





B

BETTERMAN