



# BETTERMAN

## Session 11

### Manhood and The Future

As you've already noticed, there is **no** video presentation for Session 11. Instead, as a group you will fill this time interacting with one another. The focus of Session 11 is on giving you the opportunity to share **personal applications** from your BetterMan journey ... applications you are ready to do *right now*, and applications you will consider doing in the future.

**Your leader(s) will follow the outline below to guide you through this discussion time:**

- Start your small group time by asking someone in the group to recite the biblical definition of manhood presented in Session 5. Ask your group if they have found this definition helpful? If so, in what way?
- Next, have someone in the group read James 1:22-25. One of the five promises made at the start of BetterMan was that every man would be given the opportunity to *do something* to "upgrade" their manhood starting in Session 2. Each week you were asked to consider a possible action step you could take to move towards better. Then last week, you were asked to condense these considerations into three written action steps you would be willing to commit to right now.
- Each man should now be given 5 minutes to share his **Three Action Steps** with the group. The group should feel free to encourage any man during this sharing time for the action steps he is willing to take.
- After this sharing time is completed, hand out a **BetterMan Card** to each man. In the next couple of moments, each man should write down his **Three Action Steps** on the back of his card using a black permanent marker. This card is to be carried by each man in his wallet to remind him of his personal commitments to better.
- Once this sharing is completed, lead the group in discussing the subject of "**What Now?**" for the next 10 minutes. To do that, have a computer handy or a large screen. Go to the BetterMan website and pull up on the screen the "**Next Step**" options found at **BetterMan.com/Next-Steps**. There show the men some of the "best of the best" men's resources currently available for growing as a man. After looking over these options, encourage the men to review these resources in the days ahead and consider using one of them for putting together a new small group manhood experience.
- After reviewing these possible future **Next Step** options, lead the men in reciting the "**Call to Commitment**" pledge that's found in the workbook.
- Finish this session by calling your men together for a concluding prayer and praise for this BetterMan journey.